



# National Kidney Foundation<sup>®</sup>

of Illinois

Prevent. Educate. Empower.

1 in 3 American adults is at risk for kidney disease.  
Are you the one?

## Free Kidney & Diabetes Screening!

Please go on our website at [www.nkfi.org](http://www.nkfi.org) to pre-register and complete your questionnaire prior to screening!

Must be 18 years or older.

**Location:** Shawnee Community College Extension Center

*(In partnership with Alexander Pulaski NAACP)*

2035 Washington Avenue

Cairo, IL 62914

**Date:** Monday - May 16, 2022

**Time:** 2:00pm - 6:00pm



blood pressure · blood sugar\* · body mass index (BMI) · waist circumference · urinalysis\*\* · blood draw (if necessary) · talk about your results with a health care professional



For more information, contact the National Kidney Foundation of Illinois at (312) 321-1500 or [www.nkfi.org](http://www.nkfi.org).

**\*Fasting not required**

**\*\*Urine sample will be required**